



## **Fit 型健身室使用守則**

1. 使用人士必須為持有已登記八達通之住戶或由其陪同之訪客。
2. 使用人士須出示已登記八達通及於接待處辦理租用手續後才能進入及使用健身室器材。
3. 十六歲以下人士不得進入健身室。
4. 進行健身運動時，須穿適當運動衣及鞋。運動衣應沒有釘，扣環或突出的鈕扣，以免發生意外及損毀健身器材。
5. 使用人士必須視乎本身之身體健康狀況及瞭解健身器材之操作，方可使用健身室內之器材。凡患有高血壓、心臟病、服藥或酒後之人士，請勿使用健身室器材。如有任何疑問，請先諮詢醫生意見。
6. 使用人士必須熟悉各項器械設備的操作，如有需要可向會所職員詢問。
7. 請使用收音功能收聽電視節目。
8. 使用人士請將使用後的健身器材放回原位及嚴禁隨意移動健身室內之器材傢俬。
9. 健身室範圍內嚴禁吸煙、進食或拋棄垃圾。
10. 使用人士應小心使用健身器材，如有損毀，須按照市價賠償一切損失。
11. 除獲會所批准之教練外，其他人士不可在健身室內進行教練工作。
12. 如遇器械故障，請即通知會所職員。
13. 倘若任何人士經常違反上述規則或故意騷擾或危害其他使用人安全，會所有權拒絕該等人士進入健身室範圍內。
14. 會所有權隨時關閉健身室，以便進行清潔、保養或維修工程，而無須事前通知。
15. 使用人士須自行負責本身之財物，管理公司對私人物品之損毀或被竊概不負責。
16. 會所為住客安排特別課程或項目期間，健身室將不開放予其他人士使用。
17. 會所保留隨時更改以上健身室使用規則之權利而毋須另行通知。
18. 健身室只供業主，租客或授權人士使用。業主及管理公司不會對健身室使用人士的安全及任何設備或健身教練提供的意見負上任何責任，敬請留意。

【倘中、英文版本有任何差異，概以英文為準】

## **Gymnasium Regulations**

1. All users must be a holder of registered Octopus Card of AquaMarine or a guest whom are accompanied by residents with registered Octopus Card.
2. All users must present their registered Octopus Card and register before they are permitted to use the Gymnasium facilities.
3. No one under the age of 16 is allowed to access the Gymnasium.
4. Sports wears and rubber shoes must be worn when entering the Gymnasium. Clothing worn in the Gymnasium should be without rivets, buckles or protruding buttons which may cause accident and damage the equipment.
5. All users are advised to check their own physical conditions and familiarize themselves with the operation of the equipment before using the Gymnasium equipment. Users who are suffering from high blood pressure, heart diseases or those after drinking, taking drug are advised not to use the equipment. For any queries, users are advised to consult their doctors for medical advice before using the Gymnasium equipment.
6. All users should be familiarized with the operation of the equipment and seek assistance from Clubhouse staff if required.
7. Please use a radio function for listening TV channels.
8. The equipment should be returned to the original position after use and relocation of the equipment inside the Gymnasium is strictly prohibited.
9. Smoking, eating and littering are strictly prohibited in the Gymnasium.
10. All equipment inside the Gymnasium should be used with care. The user will be held liable and required to pay full compensation at market rate for any damages to the equipment / furniture.
11. No coaching is permitted in the Gymnasium unless prior approval is obtained from Club Aqua.
12. Please report to the Clubhouse staff when any equipment failure or malfunction is noticed.
13. Club Aqua shall reserve the right to refuse admittance for any person who habitually disregards any of the aforesaid requirements and / or causes nuisance and / or danger to other users.
14. Club Aqua shall reserve the right to suspend the Gymnasium at any time and / or for any period of time for cleaning purpose and / or maintenance repairs without prior notice.
15. The management shall not be held liable for any loss of and / or damage to any personal properties and / or belongings. All users of the Gymnasium are at their sole responsibilities.
16. For training session and / or demonstration specially arranged by Club Aqua, the Gymnasium will be reserved for such purpose.
17. Club Aqua shall reserve the right to amend the above guidelines without prior notice.
18. This Gymnasium operates for the sole benefit of owners, tenants users and visitors. The owner and management will not take any responsibility for the usage of all equipment and the safety of all users in this Gymnasium nor will take any responsibility for advice given by any of the instructors.

<The English version shall prevail in the event of any disputed between the Chinese and the English version of this notice.>